

Kearney High School

Football Camps

\$40 (includes T-shirt)

Please return by July 20th

Name: _____

Parents Name: _____

Address: _____

Zip Code: _____

Phone #: _____

Work #: _____

Person to contact in case of emergency.

Name and Phone #: _____

Grade going into next school year:

1 2 3 4 5 6 7

AGE _____

T-Shirt Size (adult) S M L XL

(youth) S M L XL

Parent or Guardian Signature

Return to: Kearney High School

715 E. 19th street

Kearney, MO. 64060

Contact Person: Greg Jones @ 628-4585



The mission of the Kearney football program is to aide our student-athletes in achieving life long success through character development.

All camps will be instructed by Head Coach Greg Jones and the Kearney Football Staff.

SPECIAL APPEARANCE

BY

COLLEGE

FOOTBALL PLAYERS

2009 KEARNEY



Bulldogs Football Camp

Date: July 27th – 31st

Grades: 1-7 (6pm to 7:30pm)

Place: Kearney High School

Cost: \$40

Typical Practice

Session

Grades 1-7

"It's a working camp"

6:00 - 6:10

- Warm up

6:10 -6:35

- Group 1 - Offensive Position
- Group 2 - Defensive Position
- Group 3 - Agility Work

6:35 - 6:40 Water

6:40 - 7:05

- Group 1 - Agility
- Group 2 - Offensive
- Group 3 - Defensive

7:05 -7:30

- Group 1 - Defensive
- Group 2 - Agility
- Group 3 - Offensive

7:30

- Huddle

BULLDOG NIGHT

6PM TO 8PM

On the last night of camp we have

Special events scheduled for the campers.

We will have:

- Obstacle course
- 7 on 7 games
- Punt—Pass— Kick contest
- Kick—Off coverage drill
- Silent Auction & Cook-out

Position Breakdown

for Camp

Specialties:

Long snapper
Holder
Kicking
Punter
Return man

Defense:

Defensive line
Linebackers
Defensive backs

Offense:

Offensive lineman
Tight ends
Wide receivers
Running backs
Quarterbacks

Instructions in the following

areas:

Tackling	Proper technique
Blocking	7-on-7
Stance	punt-pass-kick
Starts	defensive schemes
Agility	offensive schemes